

HIGH TESTS						
	SKILLS	FREESKATE		DANCE	PERFORMANCE	INTERPRETIVE
		Elements	Program	Elements/Pattern Dance	Program	
Senior Bronze	Bwd Double 3's Fwd Rockers Fwd Counters Fwd Loops Fwd Choctaws	Axel +C 2 double jumps of any nature SSp or CSp (1 feature) Layback or Crossfoot CCoSp 2 pos per foot		(3 of 4) Ten Fox Fourteen Step European Waltz Bronze Creative Dance	Program Length: 2:00 (max) Step Sequence (must include): Fwd Rockers Fwd Counters Fwd Choctaws Fwd and Bwd Loops Fwd and Bwd Twizzles (may also include all 3's and brackets) Choreo Seq with 2 filed moves of choice Spin — Intermediate Position	Introductory
Junior Silver	Change 3's stroking Quick Edge stroking (Fwd and Bwd cross) Choreo Seq (1 spiral and another field move) Fwd Twizzles Bwd Twizzles	3 double jumps of any nature Double Jump + C FCoSP SSp or CSp (1 feature) CCoSp (1 feature per foot)		(3 of 4) Keats Foxtrot Harris Tango American Waltz Rocker Foxtrot	Program Length: 2:00 (max) Step Sequence (must include): Fwd Rockers Fwd Counters Fwd Choctaws Fwd and Bwd Loops Fwd and Bwd Twizzles (may also include all 3's and brackets) Choreo Seq with 2 filed moves of choice Spin — Intermediate Position	Bronze
Senior Silver	Bwd Rockers Bwd Counters Bwd Loops Bracket change Bracket	4 double jumps of any nature Double as second jump in combo SSp or CSp 2 features FCCoSP Spin in 1 pos with 2features change of foot optional, fly entry optional		(4 of 6) Paso Doble Starlight Waltz Blues Kilian Cha Cha Congelado Silver Creative Dance		Silver
Gold	Rocker Slalom stroking Counter slalom stroking FI Choctaws stroking 360 Degree challenge (Spiral full circle) (Move of choice full circle)	5 double jumps Double/double + C Layback (women) Sit/sit or Camel/camel (Men) Any spin with 2 different features		(4 of 6) Viennese Waltz Westminster Wlitz Quickstep Argentine Tango Silver Samba Gold Creative Dance	Program Length: 2:00 (max) Step Sequence including all turns Choreo Seq Spin — Intermediate Position	Gold
Diamond				(4 of 6) Ravensberger Waltz Tango Romantica Yankee Polka Rhumba Austrian Waltz Golden Waltz		